

# Learning Resource Center Newsletter

## Hours of Operation

**Monday-Friday:**  
8:30 a.m.-4:30 p.m.

**Saturday-Sunday:**  
Closed



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[siue.esl.lrc.l](http://siue.esl.lrc.l)



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us on  
Instagram**  
[@siue\\_eslc\\_lrc](https://www.instagram.com/siue_eslc_lrc)

## Meet the LRC's new Program Coordinator, Ali Vlahos!

Ali received her Bachelor's Degree in English with a Creative Writing minor from Eastern Illinois University, her Master's Degree from SIUE in Fiction Writing, and a Post Baccalaureate in Teaching of Writing also from SIUE. Previously the Senior Program Coordinator and Continuing Education Coordinator at St. Louis Community College, Ali brings a wealth of knowledge, experience, and education to her newly created Program Coordinator position at the Learning Resource Center.



Though she only began at the LRC in February, Ali already has several innovative and exciting ideas for fresh activities and programs for the Learning Resource Center. Her goals include making connections with the SIUE East St. Louis Center staff and students as well as fostering lasting partnerships with the greater East St. Louis community.

### What is Ali currently \_\_\_\_\_ ?

**Reading:** *The Rose That Grew from Concrete* by Tupac Shakur, *There There* by Tommy Orange, and as a self-admitted guilty pleasure, the *Sookie Stackhouse series*

**Watching:** AJ and the Queen and Locke & Key, both on Netflix

**Listening to:** The Weeknd and Kendrick Lamar

**Also listening to:** *Lore*, a non-fiction podcast about scary stories

You can contact Ali at (618) 482-8332, email her at [avlahos@siue.edu](mailto:avlahos@siue.edu), or stop by her office in the LRC and say hi!

## Crafty ~~Friday~~ **WEDNESDAY** in the LRC: Spring String Art

Join us in the Learning Resource Center for some craft time! All materials and snacks provided.

**Wednesday,  
March 25  
12:15-1:15 p.m.**

For more information:  
Learning Resource Center,  
Building B  
601 James R. Thompson Blvd.  
East St. Louis, IL 62201

Please RSVP to  
reserve your spot!  
618-874-8719  
[siue.esl.library@gmail.com](mailto:siue.esl.library@gmail.com)



## Happy Birthday Dr. Seuss at Discovery Head Start

The LRC Library Director Rebecca Harper (playing the Cat in the Hat) and our newest LRC staff member, Ali Vlahos (playing Thing 1), were invited guests to Discovery Head Start Center on Thursday, February 27. Campus and community representatives have been invited to read a selected story in celebration of Dr. Seuss's birthday, and the Learning Resource Center's assigned book was *The Cat in the Hat!*



601 James R. Thompson Blvd, East Saint Louis, IL 62201

**Tuesdays 12:15-1:15 p.m.**

### March 10

**Enrollment/MyPlate**

Beef Stir Fry

### March 17

**Fix It Safe**

Smothered Chicken

### March 24

**Shop: Get the Best for Less**

Veggie Chow Mein

### March 31

**Choosing More Fruits and Vegetables**

Hamburger Skillet Dinner

### April 7

**Shop for Value, Check the Facts**

Weeknight Skillet Lasagna

### April 14

**Making Smart Choices When Eating Out**

Stuffed Peppers

**I ILLINOIS**

Extension

**COLLEGE OF AGRICULTURAL, CONSUMER  
& ENVIRONMENTAL SCIENCES**

This material funded by the Expanded Food and Nutrition Education Program - EFNEP. University of Illinois \* United States Department of Agriculture \* Local Extension Councils Cooperating. University of Illinois Extension provides equal opportunities in programming and employment. If you need reasonable accommodations to participate in this program, please call 618-397-4973. Early requests are strongly encouraged to allow sufficient time for meeting your access needs.

#### Contact Information:

Chastidy Wilson  
1265 North 89<sup>th</sup> Street, Suite 5  
East St Louis, IL 62203  
Phone Number: 618-397-4973

#### Visit Us Online:

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[facebook.com/IllinoisNEP](https://facebook.com/IllinoisNEP)

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## FREE Cooking Classes in the LRC

In March and April, the LRC will be hosting a six part series with University of Illinois Extension. This series will focus on food and nutrition, and will be a hands-on cooking class where participants get to eat their assignments! Please look to the left



for dates and times, as well as the theme and menu for each week.



## Starting your Small Business in Illinois Seminar

Learn how to develop a viable business plan, properly register your business with state and/or local agencies and explore financing options! This course is highly recommended for anyone developing a new, for-profit business concept in Illinois. In addition, attendees will have the opportunity to ask questions about a specific business idea and any steps in their startup process. We hope you can join the Illinois SBDC on Wednesday, March 18 from 3:00-5:00 p.m. in the LRC Computer Lab.

**Contact**

(618) 650-2929 for more information

**Register online:**

<https://ilsbdc.ecenterdirect.com/events/32262>

### Ongoing One-on-one Free Financial Coaching



prosperity connection®

**Every Tuesday**, Prosperity Connection's Tamika Staten will hold office hours from **10:00 a.m. to 2:00 p.m.** in the Learning Resource Center's group room.

Don't miss the opportunity to discuss your financial future!

In addition to her free financial coaching, Tamika can provide no impact credit pulls and money management education.

Walk-ins are welcome on a first come first served basis.

You can also make an appointment at the LRC's front desk.

### Who are the **Roots & Leaves** of your **Tree?**: Encouraging the heart without discouraging the soul with Mrs. Tonica Wright-Scott



**Friday, March 27**  
**9:00-10:30 a.m.**

Learning Resource Center  
Conference Room

**Please RSVP to  
reserve your spot!**  
618-874-8719  
[siue.esl.library@gmail.com](mailto:siue.esl.library@gmail.com)

Goal: To make the audience aware of how negative/positive behaviors affect relationships within the home, school, work, church and other areas.

Did you know the Learning Resource Center has story time every Thursday with the Discovery Head Start Center?

Did you know that, after Head Start's story time, the LRC also holds an additional story time open to the public?

Children five and under are welcome. Please bring your toddlers, spread the word to other parents, and get the word out!

**SIUE East St. Louis  
Higher Education Center Campus  
Learning Resource Center**

For more information, contact:  
The Learning Resource Center,  
Building B  
601 James R. Thompson Blvd.  
East St. Louis, IL 62201  
618-874-8719  
[siue.esl.library@gmail.com](mailto:siue.esl.library@gmail.com)

Did you know you  
can always find the current and  
all past calendars  
and newsletters on the  
Learning Resource Center's website?  
Check us out!

<http://www.siue.edu/learning-resource-center>

**Are you on our e-mail list?  
Would you like to be?**

Let us know by sending an e-mail to  
[siue.esl.library@gmail.com](mailto:siue.esl.library@gmail.com) so you can stay up to  
date on all events provided by your  
Learning Resource Center!



SOUTHERN ILLINOIS UNIVERSITY  
**EDWARDSVILLE**  
EAST ST. LOUIS CENTER

Need to reserve a space? Call: (618) 874-8719 or e-mail: [sive.es.library@gmail.com](mailto:sive.es.library@gmail.com)



# March 2020



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Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>Happy Birthday Dr. Seuss</b>	3 prosperity connection <b>FREE One-on-One Financial Coaching with Tamika Staten</b> Office Hours: <b>Every Tuesday 10 a.m.-2 p.m.</b>	4 <b>Starting Your Small Business in Illinois Seminar</b> LRC Computer Lab 3:00-5:00 p.m. Contact (618) 650-2929 for more information Register online: <a href="https://libdcecenterdirect.com/events/32282">https://libdcecenterdirect.com/events/32282</a>	5 <b>Discovery Center Head Start Storytime</b> Every Thursday 9-11 a.m.	6 <b>Spring Forward Sunday</b>
9 You can now follow the LRC on Instagram <a href="https://www.instagram.com/sive_eslc_lrc">@sive_eslc_lrc</a>	10 University of Illinois Extension Expanded Food & Nutrition Education Program 12:15-1:15 p.m. <b>LUNCH &amp; LEARN</b> Enrollment/My Plate <b>Beef Stir Fry</b>	11 <b>Starting Your Small Business in Illinois Seminar</b> LRC Computer Lab 3:00-5:00 p.m. Contact (618) 650-2929 for more information Register online: <a href="https://libdcecenterdirect.com/events/32282">https://libdcecenterdirect.com/events/32282</a>	12 <b>Discovery Center Head Start Storytime</b> Every Thursday 9-11 a.m.	13 <b>Attention: IMPORTANT NOTICE</b> <b>Crafty Friday: String Spring Art has been moved to WEDNESDAY, March 25.</b>
16 <b>Happy St. Patrick's Day (tomorrow!)</b>	17 University of Illinois Extension Expanded Food & Nutrition Education Program 12:15-1:15 p.m. <b>LUNCH &amp; LEARN</b> <b>Fix It Safe Smothered Chicken</b>	18 <b>Starting Your Small Business in Illinois Seminar</b> LRC Computer Lab 3:00-5:00 p.m. Contact (618) 650-2929 for more information Register online: <a href="https://libdcecenterdirect.com/events/32282">https://libdcecenterdirect.com/events/32282</a>	19 <b>1st Day of Spring</b>	20 Does the 1st day of Spring on the 19th seem odd to you? You're right! Usually Spring begins on March 20 or 21, but in 2020 Spring starts one day earlier. Want to know why? <a href="https://www.farmersalmanac.com/spring-equinox-first-day-spring">https://www.farmersalmanac.com/spring-equinox-first-day-spring</a>
23 Support your Learning Resource Center and stay informed about all of our exciting, upcoming events by <b>LIKING US ON FACEBOOK!</b> <a href="https://www.facebook.com/sive.es.library">sive.es.library</a>	24 University of Illinois Extension Expanded Food & Nutrition Education Program 12:15-1:15 p.m. <b>LUNCH &amp; LEARN</b> <b>Shop: Get the Best for Less Veggie Chow Mein</b>	25 <b>Crafty Friday: WEDNESDAY</b> Spring String Art 12:15-1:15 p.m. All materials and snacks provided!	26 <b>Discovery Center Head Start Storytime</b> Every Thursday 9-11 a.m.	27 <b>Who are the Roots &amp; Leaves of your Tree?:</b> Encouraging the heart without discouraging the soul with Mrs. Tonica Wright-Scott <b>9:00-10:30 a.m.</b> <b>LRC Conference Room</b>
30 Like us on facebook.	31 University of Illinois Extension Expanded Food & Nutrition Education Program 12:15-1:15 p.m. <b>LUNCH &amp; LEARN</b> <b>Choosing More Fruits and Vegetables</b> <b>Hamburger Skiller Dinner</b>	<b>Spring!</b>		