

**SOUTHERN ILLINOIS UNIVERSITY
EDWARDSVILLE**

Nutrition-Pathway Program
Lewis and Clark Community College
Associate in Science Degree

Nutrition-Pathway Program
Southern Illinois University Edwardsville
Bachelor of Science Degree

Fall Year 1

LCCC Course		Hours
ENGL 131	First Year English I	3
MATH 131 ¹	College Algebra	4
CHEM 131 ^{1,3} /141 ^{1,2}	Intro or General Chemistry I	4
CHEM 121	Required if enrolled in CHEM 141	1
SPCH 131	Public Speaking	3
Total		15

Spring Year 1

LCCC Course		Hours
ELEC or CHEM 142 ^{2,3}	Elective or General Chemistry II	4
CHEM 122	Required if enrolled in CHEM 142	1
ENGL 132	First Year English II	3
IAI HUMN	IAI Humanities	3
BIOL 132*	Human Biology**	4
Total		15

Fall Year 2

LCCC Course		Hours
BIOL 141*	Anatomy and Physiology I	4
IAI FA	IAI Fine Arts	3
ELEC	Elective	3
MATH 138/171/235	Math Course ¹	4
Total		14

Spring Year 2

LCCC Course		Hours
IAI SOC BEH	IAI Social Behavioral Science	3
IAI LS ¹	IAI Non Lab Life Science	3
PSYC 131	General Psychology	3
BIOL 142*	Anatomy and Physiology II	3
BIOL 241*	Microbiology	4
Total		16

Associate in Science Total **60**

¹These courses meet the Math/ Science requirements for the AS degree.

Choose Math course (138, 235, or 171) on post-graduate degree plans.

²Students planning on pursuing post graduate Dietetics program should consider taking CHEM 141 and 142.

³LCCC students will need to take CHEM 120B/124B at SIUE.

*Required course for SIUE Nutrition program

**Minimum grade of "C" or better required

***Math 131 or higher is a prerequisite for Chemistry 141, Math 171 and 235

LCCC students will need to complete one course that meets the Human relations and Non Western requirements.

Summer Year 2

SIUE Course		Hours
NUTR 250	Intro to Human Nutrition	3
CHEM 120B/124B ³	Gen, Organic, & Biol. Chem. /Lab	4
Total		7

Fall Year 3

SIUE Course		Hours
NUTR 327	Lifecycle Nutrition	3
NUTR 319	Nutrition Biochemistry	3
NUTR 205	Food Science	3
ELEC	Elective	3
ELEC	Elective	3
Total		15

Spring Year 3

SIUE Course		Hours
NUTR 401	Nutr. Education and Counseling	3
NUTR 210	Food and Culture (EREG)	3
IS	Interdisciplinary Course	3
NUTR 355/KIN 355	Sports Nutrition and Supplm.	3
KIN 211	Medical Terminology	3
Total		15

Fall Year 4

SIUE Course		Hours
NUTR 408	Food Service Management I	3
NUTR 409	Large Quantity Food Prep	3
NUTR 411	Intro Medical Nutrition Therapy	3
ELEC/BSS	Elective/Breadth Social Science	3
ELEC	Elective	3
Total		15

Spring Year 4

SIUE Course		Hours
NUTR 410	Food Service Management II	3
NUTR 464	Senior Assignment in Nutrition	3
KIN 412	Biology of CVD & Metabol. Dis	3
NUTR 421	Medical Nutrition Therapy II	3
ELEC	Elective	2
Total		14

Bachelor of Science Total **126**

*Students must complete 50% or more of the degree requirements at SIUE.

* A course that satisfies both the ERGU and EREG requirement will only be counted as one and not both.

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Nutrition-Pathway Program

Admission Requirements

To be admitted to the nutrition program, students must:

- Earn a grade of C or better in Biology 140 (LCCC BIOL 132) or Biology 150 or its equivalent
- Earn a C or better in Chemistry 120A and Chemistry 124A (LCCC CHEM 131) or Chemistry 121A and 125A (LCCC CHEM 141,121) or their equivalents
- Earn a B or better in KIN 275, Introduction to Careers in Nutritional and Exercise Science
- Have a cumulative grade point average of 2.75 or higher

Application Deadline: Ongoing

Transfer

Transfer students may be accepted on a space available basis and must have a minimum GPA of 2.75 and completed KIN 275 (or equivalent) with a B or better and BIOL 140 (LCCC BIOL 132) or BIOL 150 (or equivalent) and CHEM 120A/124A (LCCC CHEM 131) or CHEM 121, 125A (LCCC CHEM 141,121) (or equivalent) with a C or better to be considered for acceptance. Transfer credit for courses will be evaluated by the Registrar.