

**Kaskaskia College
Associate in Science
EXERCISE SCIENCE**

Completion of an Associate in Arts or Science degree at Kaskaskia College fulfills SIUE’s general education requirements, with the exception of an Interdisciplinary Studies course that all students must take during their junior and senior year at SIUE.

This “Transfer Program Guide” is an **example** of proposed curriculum for students to use while completing their associate’s degree. Reading, writing and math placement could alter the course sequencing and transfer date. Therefore students should begin sequencing their reading/writing (if applicable) and math & science courses during the first semester, paying close attention to prerequisites. Students have the option of taking summer classes to lessen fall and spring course loads.

It is highly recommended that students meet with a KC advisor each semester. Please see “**Important Student Notes**” located on page of two of this transfer guide.

Fall Year 1	
KC Course	Hours
ENGL 101 - English Composition	3
¹ IAI Mathematics	4
BIOL 121 - Anatomy and Physiology	4
SPCH 103 - Fundamentals of Speech	3
PHLE 119 - Core Values/Ethical Dec. Making	1
Total	15

Spring Year 1	
KC Course	Hours
ENGL 102 - English Composition	3
² IAI Humanities	3
BIOL 122 - Anatomy and Physiology	4
IAI Fine Arts	3
¹ MATH 136 - General Statistics	4
Total	17

Fall Year 2	
KC Course	Hours
³ BIOL 101 -Biology	4
³ CHEM 111 - Chemistry I	5
⁵ IAI Social or Behavioral Science	3
IAI Humanities or Fine Arts	3
Total	15

Spring Year 2	
KC Course	Hours
IAI Humanities or Social or Behavioral Science	3
^{3,4} CHEM 112 - Chemistry II	5
⁵ IAI Social or Behavioral Science	3
⁵ IAI Social or Behavioral Science	3
Health and Personal Development, Criteria 1	3
Total	17
Associate Total	64

¹Mathematics course depends on post graduate work. Please consult with an academic advisor. Credits may be between 3 and 5 hours. If MATH 136 is used as IAI Mathematics, Spring Year 1 MATH 136 can be replaced with an elective.

²Recommended course PHLE 120

³Courses require a grade of "C" or higher.

⁴BIOL 102 may substitute for CHEM 112, depending on post-baccalaureate degree.

⁵Recommended courses PSYH 101 and SOCO 101, depending on post graduate work. Please consult with an academic advisor.

Possible post graduate programs include: Occupational Therapy, Physical Therapy, Chiropractic, Athletic Training, Medical School, Personal Training/Strength Conditioning, Accelerated Nursing, Exercise Physiology, Cardiac/Pulmonary Rehabilitation, Nutrition (SIUE's MS program.)

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IMPORTANT STUDENT NOTES

The preceding information is provided to assist students in the transfer process. In no way does this document substitute for meeting with an academic advisor. Students are advised to meet on a regular basis with advisors at KC. Courses taken through dual credit can be applied to required SIUE coursework; please contact KC advisor for more information. Please consult Kaskaskia College catalog for additional graduation requirements.

Students are required to complete a Bachelor of Science degree. A Bachelor of Science degree will require completion of 8 courses in life, physical, or social science, in addition to 2 courses with a lab component (all of which will be met with the completion of the Associate in Arts.)

DECLARATION REQUIREMENTS FOR EXERCISE SCIENCE

- An overall GPA of 2.75 or higher
- Grades of "C" or higher in BIOL 101 and CHEM 103 or 111
- Grade of "B" or higher in KIN 275 (SIUE course)