

**SOUTHERN ILLINOIS UNIVERSITY  
EDWARDSVILLE**



# **Starting Strong at SIUE**

**How to Connect, Explore, and Set Yourself Up for Success**



## Getting to Know Your Fellow Cougars

- **Why Connections Matter:** Building friendships and networks early on is key to feeling at home here. Your peers will be an important part of your college experience!
- **Stay Connected:** Don't forget to share your contact info and join our GroupMe to stay in the loop with your new community.

# Connector Activity

- **Find someone who...** speaks more than one language.
- **Find someone who...** has a hobby they're passionate about.
- **Find someone who...** is from a city or state you've always wanted to visit.
- **Find someone who...** loves to read or has a favorite book.
- **Find someone who...** plays a sport or likes to work out.
- **Find someone who...** is involved in a club or organization on campus.
- **Find someone who...** enjoys hiking, biking, or being outdoors.
- **Find someone who...** prefers coffee over tea (or vice versa).
- **Find someone who...** is excited about a class they're taking this semester.
- **Find someone who...** has traveled to another country.
- **Find someone who...** is a morning person.
- **Find someone who...** loves trying new foods or restaurants.
- **Find someone who...** plays an instrument.



# To Do: Stay Connected on the Go!

## Download the SIUE App



*Apple*



*Android*

## Download the Outlook Email App



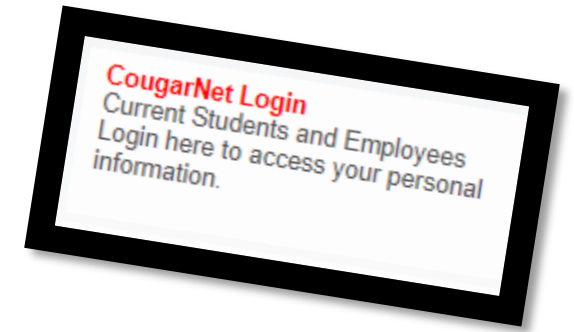
*Apple*



*Android*



# Why CougarNet Matters



## Through CougarNet, you can:

- Access and manage your class schedules, grades, and transcripts.
- Register for classes and view academic calendars.
- Update your personal information and contact details.
- Access campus resources, including the library, student services, and financial aid.
- Set up your email and receive important notifications.
- Connect with professors, classmates, and campus departments.

## Need Help?

*If you're unsure how to navigate CougarNet, don't hesitate to ask your **Orientation Leader** or reach out to **IT support** for assistance!*



# **To Do: Sign Up for E-Lerts!**

**Scan the QR Code to stay informed**



# Real Talk: Honest Conversations

1. What's something you wish you knew before starting at SIUE?
2. What's been your biggest challenge so far, and how did you overcome it?
3. How do you stay motivated during tough times, academically or personally?
4. What's your favorite resource on campus that has helped you succeed?
5. How did you get involved on campus, and what opportunities do you recommend?



# Resource Fair & Re-Group

## Navigating the Resource Fair:

- **Visit Booths:** Explore campus resources and services.
- **Collect Stamps:** Mark your card at each booth.
- **Learn & Ask Questions:** Gather info and connect with staff.
- **Swag Reward:** Return your completed card to the Goshen Lounge for swag.

## Meeting Up After Lunch:

- **Location & Time**
- **Purpose:** Regroup and get ready for the rest of the day's sessions.
- **Stay Together:** Know the spot and ask your Orientation Leader for help.