

# SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE

## THERAPY INJECTION PATIENT INFORMATION

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To assure the best quality of care and safety, we require that the following guidelines be adhered to in order to receive therapeutic injections at Southern Illinois University Edwardsville Health Service (SIUE HS).

- A Therapeutic Injection order form completed by the ordering provider **AND** medical records of most recent administration **MUST** be obtained prior to receiving injections in Health Service.
- An SIUE medical professional will review the injection form with required records to determine eligibility. Once SIUE HS has received and reviewed all records, our office will contact you to schedule an appointment.
- Your initial injection must be given at the ordering provider's office.
- The patient is responsible for bringing the medication, clearly labeled with their name and date of birth with required supplies to every visit.
- If you do not keep the prescribed schedule, this could delay your schedule and you may not be able to receive your therapeutic injections at SIUE HS.
- Always notify our staff of any changes in medication(s)
- Instructions from the ordering provider must include contents of the injection/serum, concentration of serum, dose/strength, frequency/schedule of injection, early/late guidelines, expiration date, and adverse reaction management. This is required with each new vial, even if the vial contains the same serum in the same concentration.
- Please note that, for your safety, a medical provider must be present during your visit. Therapeutic injections may be given Monday through Friday 8:00AM to 3:30PM. If in the event a medical provider is not available for your scheduled appointment, every effort will be made to contact you to reschedule your appointment. If you are traveling a long distance for your injection, you may want to call prior to leaving home to make sure that the provider is available at that time.
- Patients are responsible for providing new or changed therapeutic injection orders to SIUE HS and should be brought to the clinic at least one day prior to a scheduled appointment.
- Therapeutic injections will not be given if you are ill. Please tell the staff if you are not feeling well.
- You may be required to wait at SIUE for at least 30 minutes after receiving and injection based on type of therapy. You must check with medical staff prior to leaving. Those who fail

to comply with this requirement will no longer be eligible for therapeutic injections at SIUE HS.

- Although most severe reactions from allergy injections occur within a short time of the injection, it is still possible to have a reaction for several hours after the injection. Please discuss what to do with your allergist if a general reaction does occur after you leave SIUE HS.
- Seek emergency medical help if a reaction does occur. If you have a serious reaction, a follow up appointment with the ordering provider is necessary before continuing your injections at SIUE HS.
- Any problem experienced after leaving SIUE HS must be reported prior to your next dose to prevent a serious reaction.
- You may return to or call SIUE HS if you have any questions regarding your therapeutic injections. If you feel that you are having an allergic reaction, it is always best to first seek emergency help by dialing “911” or “3324” for campus police.
- An untreated general allergic reaction can be dangerous. If you feel different in any way, immediately tell the medical staff. Common signs and symptoms of a severe reaction to include:
  - Itching, especially on your palms, scalp, or feet.
  - Breaking out in hives.
  - Swelling of your eyelids, face, or fingers.
  - Tightness in your throat.
  - Wheezing or trouble breathing.
  - Feeling of warmth, flushing, dizziness, or faintness.
  - Sudden nausea, abdominal pain, and/or vomiting.
  - Unexpected hay fever symptoms such as sneezing, nasal stuffiness, and itchy eyes, nose, or throat.
- To help prevent a serious emergency, we suggest carrying epinephrine or an Epi-pen with you on the day of the injection or telling a close associate that you have had a therapeutic injection that day.
- Patients are responsible for storing medication(s) as directed by the manufacturer and removing from refrigeration if applicable. SIUE HS will **ONLY** store allergy serums.
- Patients are responsible for picking up allergy serum and arranging for injections while away from SIUE HS. Any serum left at SIUE HS will be discarded after its expiration date.
- You will be expected to pay for the therapeutic injection(s) on the same day the service is rendered. The bill may then be submitted to your insurance company. Cost of injections =\$10 for one injection and \$2 each for each additional injection. (8/2024)