

## Medicinal Plant and Tropical Diseases Elective Dr. Marcelo Nieto, PhD and Dr. Catherine Santanello, PhD



## SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE SCHOOL OF PHARMACY

## Introduction:

The School of Pharmacy elective *Medicinal Plants and Tropical Diseases* learning outcomes are:

- 1. Demonstrate an enhanced awareness of medicinal plant use, with an emphasis on Central American medicinal plants.
- 2. Recognize clinical manifestations of tropical infections and differentiate between disorders when given characteristic signs and symptoms.
- 3. Develop and demonstrate a respectful attitude towards other cultures and appreciate the associated traditions and beliefs.









Some of the learning activities in Costa Rica:

- Guided medicinal plant and wildlife tour in the Carara National Park
- · Pura Vida Botanical Gardens and canopy tour
- Manuel Antonio National Park
- University of Costa Rica presentations (by medicinal plants, natural products, and tropical diseases faculty)
- Mercado Central/Downtown San Jose
- Poas Volcano National Park
- Optional Activities: Museums (Gold, Jade, National, History)















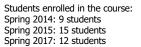
Some of the learning activities in the didactic part of the course:

- · Introductory lectures
- Students' presentations and research papers on selected medicinal plants or tropical diseases
- Case study discussions
- Guest speakers: Dr. Wendy Applequist from the Missouri Botanical Garden, Mrs. Margaret Eisenberger from Friends of the Rainforest.
- Cultural panels



















Written comments from current and former students:

About environmental protection: "It is one thing to hear about the damage to a place you've never experienced but it is a real eye-opener to see the beauty that is destroyed."

About educational practices in Costa Rica: "I'm impressed that they can provide just as good education to everyone as compared to the US with less resources."

About tropical diseases: "It definitely made me more aware of the situation especially the neglected infectious diseases. I believe that we are lacking awareness and the education of these tropical diseases and could quickly spread throughout the world as more travelers frequent the country."

About study abroad: "This trip has made me so grateful for study abroad opportunities. The experience is like none other and I fully support them and the valuable education they provide."