

ALLERGY INJECTION PATIENT INFORMATION

To assure the best quality of care and safety, we require that the following guidelines be adhered to in order to receive allergy injections at Southern Illinois University Edwardsville Health Service (SIUe HS).

- An Allergy Injection Therapy Order sheet **must** be completed by your Allergist prior to receiving injections in Health Service.
- Your initial injection must be given at your allergist's office. Then an appointment can be scheduled at SIUE HS. Call 618-650-2842 or 2843, stop by Health Service, or go online to cougarcare.siu.edu to schedule an appointment.
- If you do not keep the prescribed schedule, Health Service will contact your Allergist's office. This could delay your schedule and you may not be able to receive your allergen shot.
- Notify the nurse of any changes in medication.
- SIUe HS will administer allergy injections with written instructions from your private allergist. Contact information for your allergist should be on the instructions.
- Instructions from your allergist must include contents of the serum, concentration of the serum, dose of the serum, frequency of the injection, late injection guidelines, expiration date and graduation of increase in dosage. This is required with each new vial, even if the vial contains the same serum in the same concentration.
- Allergy injections may be given Monday through Friday from 8:15AM to 3:30 PM. Please note that, for your safety, a medical provider must be present during your visit. If in the event a medical provider is not available for your scheduled appointment, every effort will be made to contact you to reschedule your appointment. If you are traveling a long distance for your allergy injection, you may want to call SIUe HS prior to leaving home to make sure that the provider is available at that time.
- New allergy serum instructions and a copy of the allergist's injection record should be brought to SIUe HS at least one day prior to a scheduled appointment.
- Allergy injections will not be given if you are actually ill. Please tell the staff at SIUe HS if you are not feeling well.

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- You are required to wait at SIUe for at least 30 minutes after receiving and injection. You must check with SIUe HS medical staff prior to leaving. Those who fail to comply with this requirement will no longer be eligible for allergy injections at SIUe HS.
- Although most severe reactions from allergy injections occur within a short time of the injection, it is still possible to have a reaction for several hours after the injection. Please discuss what to do with your allergist if a general reaction does occur after you leave SIUe HS.
- Seek emergency medical help if a reaction does occur. If you have a serious reaction, a follow up appointment with your allergist is necessary before continuing your allergy injections at SIUe HS.
- Any problem experienced after leaving SIUe HS must be reported prior to your next dose to prevent a serious reaction.
- You may return to or call SIUe HS if you have any questions regarding your allergy injections. If you feel that you are having an allergic reaction, it is always best to first seek emergency help by dialing “911” or “3324” for campus police.
- An untreated general allergic reaction can be dangerous. If you feel different in any way, immediately tell the RN. Common signs and symptoms of a severe reaction to allergy injections include:
 - Itching, especially on your palms, scalp, or feet.
 - Breaking out in hives.
 - Swelling of your eyelids, face, or fingers.
 - Tightness in your throat.
 - Wheezing or trouble breathing.
 - A feeling of warmth, flushing, dizziness, or faintness.
 - Sudden nausea, abdominal pain, and/or vomiting.
 - Unexpected hay fever symptoms such as sneezing, nasal stuffiness, and itchy eyes, nose, or throat.
- To help prevent a serious emergency, we suggest carrying epinephrine or an Epi-pen with you on the day of the injection or telling a close associate that you have had an allergy injection that day.
- Patients are responsible for picking up allergy serum and arranging for injections while away from SIUe HS. Any serum left at SIUe HS will be discarded after its expiration date.
- You will be expected to pay for the allergy injection(s) on the same day the service is rendered. The bill may then be submitted to your insurance company. Cost of injections =\$10 for one injection and \$2 each for each additional injection.