

FIRST LAST
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Edwardsville, IL 62025
firstlast@siue.edu 618.555.1234

EDUCATION

Southern Illinois University Edwardsville (SIUE)
Bachelor of Science in Exercise Science
Minor: Exercise and Sport Psychology

Edwardsville, IL
Expected May 2023

RELEVANT COURSES

Exercise Physiology	Functional Anatomy
Exercise Psychology	Biomechanics of Human Movement
Sport Medicine and Rehabilitation	Sports Nutrition and Supplementation

INTERNSHIP

Sports Performance Intern
YMCA

June 2023 – August 2023
St. Louis, MO

- Designed exercise programs and routines
- Scheduled and led an exercise “how to” seminar for staff members
- Assisted in promoting and building youth summer sports teams
- Led group exercise sessions for 20-40 YMCA members

WORK EXPERIENCE

Customer Order Fulfillment
Walmart

August 2023-present
Glen Carbon, IL

- Utilize computer to locate and shop for customer’s groceries and household choices
- Load orders into customer’s cars and make sure to greet each customer politely

SKILLS

- Microsoft Office Suite, Canva, Google Docs, Zoom

VOLUNTEER EXPERIENCE

Volunteer Coach, City League Baseball, St. Louis, MO

Summer 2022

Captain, SIUE Intramural Basketball Team, Edwardsville, IL

Spring 2023, Fall 2022

CERTIFICATIONS

CPR, First Aid, and AED, American Red Cross

Expires: November 2025

Sample Resume – Please contact us for additional assistance.

SIUE Career Development Center | (618) 650-3708 | careerdevelopment@siue.edu