SIUE Project Management Symposium





Welcome!

- Introduce yourself to 3-5 People
 - Name
 - Where you Work
 - What you Do
 - Hobbies





Characteristics

BLUE

emotionally driven seeks harmony in groups enthusiastic creative sympathetic

ORANGE

short-term driven welcomes change and variety adventerous competetive impulsive

GOLD

loyalty driven respects rules and authority responsible organized appreciative

GREEN

logically driven independent thinker focused efficient analytical

Blue

- In tune with feelings & emotions
- Avoids issues & conflict
- Good at motivating others
- Values honesty, friendship & trust

Orange

- Needs fun, variety & stimulation
- Is spontaneous and care-free
- Values optimism, risk-taking & interaction
- Doesn't like routine or structure

Gold

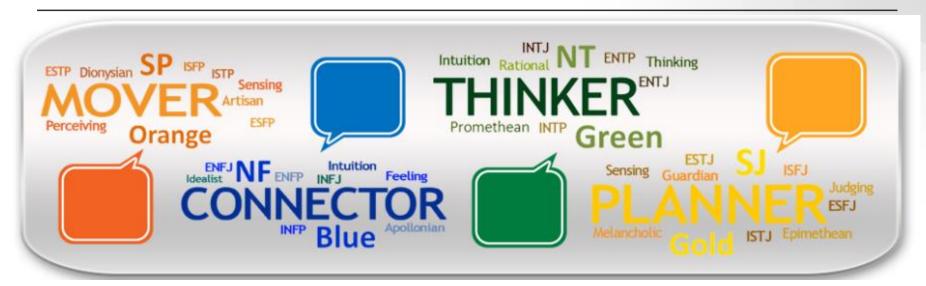
- Always wants to follow an agenda or plan
- Is loyal, responsible & reliable

Green

- Seeks knowledge & understandingWants to talk facts not feelings
- Values logic, detail & information
- Asks questions & avoids small talk



Personality





ORANGE

GOLD"Be prepared."

GREEN
"Why?"



Temperament



Free communication style quiz:

https://personalitylingo.com/free-communication-style-quiz/



Harvard Business Review

What Makes Some People More Productive Than Others

by Robert C. Pozen and Kevin Downey



HBR Productivity Survey

- Survey Background
- Survey Results
- ProductivityPatterns & Tips





Survey Background

- In 2018 HBR.org published a survey to help professionals assess their own personal productivity – defined as the habits closely associated with accomplishing more each day.
- Nearly 20,000 people from six continents completed it.
- The results provide some useful insights into important productivity habits and challenges facing professionals.



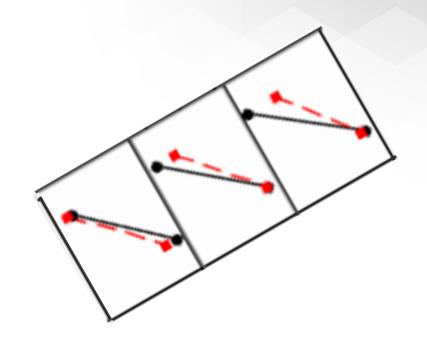


Patterns

Hours Worked

Age / Seniority

Gender



Multitasking

Thoughts?

Lose Time

Decrease Quality

Increase Stress



Productive People:



Plan & Prioritize

Manage Volume

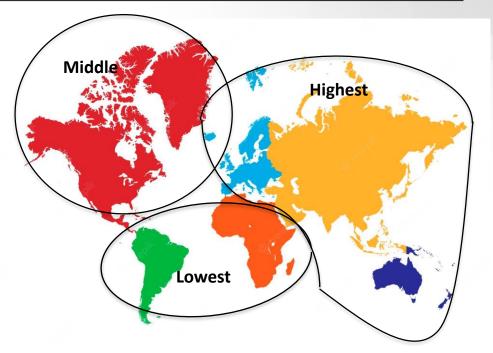
Understand Others



Results

- Geography
- Gender



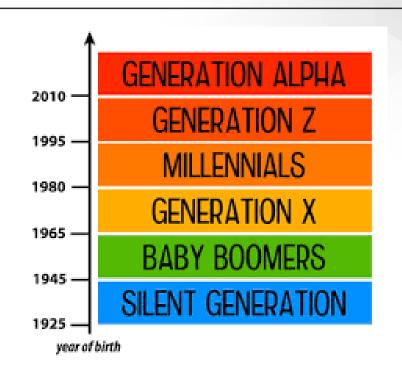




Results

Age

Seniority





Habits of the Highly Productive



OvercomeProcrastination

Plan & Prioritize

Manage Volume



Activity

Know your audience



Habits of the Highly Productive



 Understand the needs of your colleagues



How to Contact Us



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Prioritization



Stephen Covey

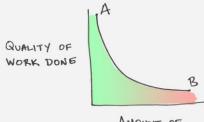
- Do the worst thing first (Eat that Frog, Brian Tracy)
- MIT Most Important <u>Things/Tasks</u>
- Employ Parkinson's law set a deadline
- Decision Matrix (AKA Urgent-Important 4-square)



Multitasking

- The Myth of Multitasking: Why Fewer Priorities Leads to Better Work - James Clear
- Psychology Today The Myth of Multitasking
- BrainWorld The Myth of Multitasking

The Myth of Multitasking



AMOUNT OF MULTITASKING

A = Looks simple, but actually gets results.

B = Looks busy, but actually wastes time.

JamesClear.com

Productivity

- Tim Urban: Inside the mind of a master procrastinator | TED
- The Art of Stress-Free Productivity: David Allen at TEDxClaremontColleges
- Enter the cult of extreme productivity | Mark Adams | TEDxHSG
- A More Human Approach to Productivity | Chris Bailey | TEDxLiverpool



Time Management

articles videos

Pomodoro video

 Time Blocking <u>video</u>

 1 Minute Rule video

<u>168 Hours</u> video

THE EISENHOWER BOX

	URGENT	NOT URGENT
IMPORTANT	DO Do it now. Write article for today.	DECIDE Schedule a time to do it. Exercising. Calling family and friends. Researching articles. Long-term biz strategy.
NOT IMPORTANT	DELEGATE Who can do it for you? Scheduling interviews. Booking flights. Approving comments. Answering certain emails. Sharing articles.	DELETE Eliminate it. Watching television. Checking social media. Sorting through junk mail.

"What is important is seldom urgent and what is urgent is seldom important." -Dwight Eisenhower, 34th President of the United States